

Champions of the Championships 2010

<p>Regional Duathlon Championships</p> <p>Frost Yer Fanny - 2/28/2010 Male - Todd Hink Female - Kristi Darby</p>	<p>Regional Triathlon Championships</p> <p>Route 66 - 6/5-6/2010 Male - Mark Hillers Female - Joanna Fiddler</p>
<p>Oklahoma State Duathlon Championships</p> <p>March in Okarche - 3/27/2010 Male - John Dalrymple Female - Bethany Handley</p>	<p>Louisiana State Triathlon Championships</p> <p>Oxbow Triathlon - 4/10/2010 Male - Ben Hall Female - Nancy Kuhlmeier</p>
<p>Texas State Duathlon Championships</p> <p>Striders Duathlon - 4/18/2010 Male - Chris Aarhus Female - Stefani Langehennig</p>	<p>Arkansas State Triathlon Championships</p> <p>Mighty Mite Triathlon - 7/17/2010 Male - Clayton Wilkins Female - Maggie Pickhardt</p>
<p>Arkansas State Duathlon Championships</p> <p>Du For The Parks - 5/31/2010 Male - Chad Sanders Female - Amy Johnson</p>	<p>Oklahoma State Triathlon Championships</p> <p>Lighthouse Triathlon - 8/1/2010 Male - Eric McCrary Female - Abbie Smith</p>
<p>Louisiana State Duathlon Long Course Championship</p> <p>Cancelled due to bad weather</p>	<p>Texas State Triathlon Championships</p> <p>Stonebridge Ranch - 9/26/2010 Male - William Ritter Female - Elizabeth Meraz</p>
<p>Long Course Duathlon National Championship</p> <p>Du Draper Twice - 7/10/2010 Male - Chris Marig Female - Kirsten Chapman</p>	<p>Regional Sprint Triathlon Championships</p> <p>Meat Pie Tri - 9/26/2010 Male - Michael Miguez Female - Eryn Schilling</p>